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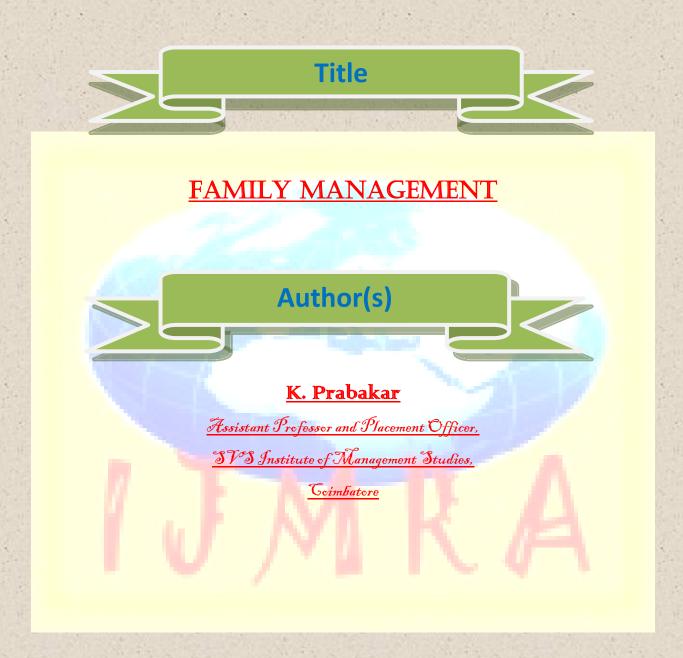
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Abstract:

December **2011**

To our parents, children and grandchildren-The roots that give us strength And the fruits that bring us joy; And to all

Who sincerely believe?

That "life matters!"

What is difficult to Manage? DAUGHTER!

What is very difficult to manage? SON!

What is extremely difficult to manage? WIFE!

What is the most difficult to Manage? SELF

Introduction:

Every Citizen of our Country has to contribute something to our Mother Land for its pride. We live safely and are being protected, which is not prevailing in the rest of the world. Indians always acquire the power of knowledge, wisdom, love, technology than any body else. India is much famous for its climatic conditions, humaneness, hospitality with peers and friends, affection with love and care towards everyone and everything. Though the resources and avenues for growth are plenty, primarily we now lack in a specific area viz. management of familial responsiveness.

India's growth is enormous in all spheres and at the same time the cost of commodity started to rise in parallel with it. For instance, in 1997, cost of a single bed apartment in Mumbai, Bangalore were 15 to 18 lakh rupees, but today it is 40 to 60 lakhs rupees. The real estate business is booming to its great heights in India. Individual needs, wants, tastes and preferences have undergone radical changes than what they had a decade ago. Changes that were created by external forces also reflect in different dimensions in managing ones' family. Despite many Indian families are financially well off, strained relationships are noticed in their family. Time

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spent with their <u>family members are very much less than the time they spend for their profession and business.</u>

<u>Psychiatrists reveals that who invests more time with his / her dependents, can harvest more for a better and fruitful tomorrow.</u>

How many of us can genuinely vouch for the quantity and quality of the time that we spare to our families? It is noted that an imbalance in the life styles in our society is increasing during the recent years than ever before. Even now, in a time when most of us are quicker to connect with what matters most, there's still a gap – sometimes an enormous gap – between husband and wife, children and parents and vise versa.

One fundamental principle for personal happiness and reputation in the society and generation of relationship is nothing but the "Family". The most important secret of "SUCCESS" in ones' profession or business is their success at home and making each generation better in the way we contribute best to society as whole.

Divorce:

It is the annulment of the matrimonial relationship among the spouses. Most of the times it is being done through a judicial body and at sometimes with the help of the mediators.

Causes for Divorce:

In the recent days divorce cases are sharply increasing in India due to the following reasons.

- 1. Marriage at the pre-matured age.
- 2. Formation of increased nuclear family structure
- 3. Disparity in the earnings among the couples.
- 4. Workplace Stress
- 5. Drug Addiction
- 6. Eccentric Behaviour



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- 7. Personal Ego Clash in all aspects
- 8. Lack of openness
- 9. Concealment of Incurable diseases.
- 10. Illegal matrimonial relationships such as bigamy and adultery
- 11. Dowry Harassment
- 12. Lack of patience
- 13. Lack of humanity
- 14. Misguidance by friends and relatives
- 15. Negligence to take care of the family member's well being.

Means for a happy life:

Experts such as Legal Practitioners, Psychologists, Medical practitioners etc., who deal family disputes and problems, had listed out various means to overcome these problems and to lead a happy life. They are listed as

- **Both the husband and wife should help each other in all aspects.**
- > Spare time with family members and play with children at least 30 minutes a day.
- Plan to have a picnic at least once in a month.
- Greet your neighbors, friends, relatives, peers etc., with a Smiling Face
- Listening to good music
- Meditate al least 10 minutes daily
- Never suspect the life partner and as well as the dependents
- Throw away your ego, status, prestige
- Live within the means, "Balance is beautiful"- Miyoko Ohno

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➤ Continue your hobbies that you had as a bachelor even after your marriage which will enrich your knowledge and wisdom. It is too good to relax yourself when you are in stress and pain.

BOTTOM LINE:

Work Matters. "Work Is Love Made Visible" - Kahlil Gibran.

Work is far more than a job or career. It is a fundamental, ennobling principle of quality life. It's how we sustain ourselves and our families. It is also how we express our love, how we contribute, and how we nurture the divine and creative within.

Family Matters.

"Your Success As A Family, Our Success As A Society, Depends Not On What Happens In The White House, But On What Happens In Your House" – Barbara Bush.

Family is fundamental principle of personal happiness and of a regenerating, renewing society.

The most important "Success" is success at home, and making each generation better is the way we best contribute to society as a whole.

<u>Time Matters</u>. Time is the language of value, the commerce of life balance. We can talk and dream all we want, but in the final analysis, it's what we do or don't do as we live each day that makes the difference. The way we spend our time reflects our ability to consistently focus on and achieve our highest priorities. It is the measure of our ability to translate what matters most into the decision moments of our daily lives.

Money Matters. Money is also a language of value and is integrally related to almost every issue surrounding the relationship between work, family and time. It is a concrete manifestation of the value others place on our time and life energy, and also a manifestation of the value we place on the "things" money can buy. To spend money is to exchange the results of past effort or commit future time to try to improve the quality of present and future moments for ourselves and / or others. The challenge of managing money is one of our most potentially helpful tools in building discipline most potentially

Helpful tools in building discipline and character in our lives.

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Wisdom Matters. Because life is dynamic, the real issue is not "balance," it's balancing. It's creating the capacity to balance – day in, day out – in the unique and ever-changing circumstances of our lives. Thus, wisdom is vital, not only in long-range planning and goal setting, but also and especially in daily "decision moments"- moments that tests our integrity, expand our awareness, challenge our thinking, threaten to divert us from our predetermined path open doors or unanticipated opportunity. Consequently, in any decision moment, we cannot "not" decide. Indecision is decision. Life movers on. Consequences happen. Having the judgment to make good decisions daily is what empowers us with the ongoing capacity to weave work, family, money and time into a satisfying balance.

The challenge, then, is to succeed in each of these four life areas – work, family, time and money – and to develop the wisdom to synergistically balance the four in the ever- changing **Kaleidoscope** of circumstances in which we live.

Conclusion:

We live in a world that is filled and running over with book, television programs, seminars, tapes, CDs, articles and Web Sites that contain thousands of ideas about what we can do to make life better. These ideas range from little things, like keeping track of the water you drink during the day by only using one container, to huge things, such as listening with empathy to improve a strained relationship.